

# Jewel Yoga Schedule

MON	TUE	WED	THU	FRI	SAT/SUN
		8:00 am Jane Level 1			<b>SAT</b>
	9:00 am Tonya Level 1**	10:00 am Cindy Gentle	10:00 am Tonya Level 1-2	10:00 am Jane Level 2	9:00 am Martina Level 2*
	11:00 am Tonya Level 2**		Noon Martina Level 2*	Noon Cindy Level 1*	11:00 am Amy Community
		4:00 pm Tonya Level 3**			<b>SUN</b>
5:30 pm Roberto Level 1	5:30 pm Karen Level 2*	6:00 pm Tonya Level 1	6:00 pm Tonya Level 2		9:00 am Nicolo Level 2**
	7:30 pm Roberto 50 / 50**				11:00 am Roberto Gentle*

\* = Online Only Offering

\*\* = Hybrid Offering (both in person or online)