

Jewel Yoga Schedule

| MON | TUE | WED | THU | FRI | SAT/SUN |
|---------------------------------|--------------------------------|-----------------------------|--------------------------------|---------------------------|--------------------------------|
| | | 8:00 am Jane Level 1 | | | SAT |
| 10:00 am Lori All Levels* | 9:00 am Tonya Level 1 | 10:00 am Cindy Gentle | 10:00 am Tonya Level 1-2 | | 9:00 am Martina Level 2* |
| | 11:00 am Tonya Level 2 | Noon Jane Level 1 | Noon Martina Level 2* | Noon Cindy Level 1* | |
| | | | | | SUN |
| 5:30 pm Roberto Level 1 | 5:30 pm Karen Level 2* | 5:30 pm Tonya Level 3 | 6:00 pm Tonya All Levels | | 9:00 am Nicolo Level 2 |
| | 7:30 pm Roberto 50 / 50* | | | | 11:30 am Roberto Gentle* |

* = Online Class Offering